

DO NOT CONTINUE YOUR DAY

When you hear screams, listen.
So ephemeral,

Yet all the glass houses in your brain
Shake.

Do not continue your day.

When you spot the downtrodden,
Weary eyes burnt back with an oppression
You will never quite understand,
Gaze back.

Stretch out your hand.
Do not continue your day.

Let the callouses

Seep into the silk pillow of your palm
Trace the heart lines back
As far as you can,
And stay.

Do not continue your day.

When you smell the fires,
The gunshots and the pain,
Do not continue your day.

Let it overwhelm you,
Unlock your heart

To more than thoughts and prayers
Be aware.

Do not continue your day.

And when you feel the pangs of
Once broken hearts filled anew
A new generation in a world
That will let them scream their names
Stop.

And think of what this victory cost.

Go on, continue your day.

But do so with another face,
One that knows
The ultimate service, person to person
Is to make sure we're all okay.

CAROLINE GEOGHEGAN

GRHS CLASS OF '19